



THE SECOND HOME
 By Ellen Carpenter

Living Well

Carving out time for self-care is a cinch at these wellness-focused residences



Wellness has been a buzzword for years, but in the post-pandemic world it's a major priority—and something the second-home market is fully embracing. Buyers want to do more than just get away from it all; they want to get away from it all and enjoy a deep-tissue massage, a cryotherapy session, and a yoga class with ocean views, thank you very much.

Take Miami's new **One Park Tower by Turnberry**, which features an opulent spa with a sauna and steam rooms, of course, but then takes the pampering up a notch by also offering four-legged residents their very own pet spa. While Fido is getting his nails done, his owners can cap off their spa date with a swim in the property's 7-acre, man-made lagoon.

At the recently opened **Aman New York**, meanwhile, three floors are dedicated to wellness, with access limited to hotel guests and residents who are



Aman Club Founders. For the ultimate in relaxation, reserve one of two private Spa Houses—aka “temples of wellness”—that feature either a hammam or banya alongside a double treatment room and a private terrace with a hot bath and a cold-plunge pool. In case you're wondering, yes, having your own private hammam and cold-plunge pool in New York City is unheard of.



Finally, near Mérida, Mexico, each of the nine five-bedroom **Royal Villas at the new Chablé Yucatán Residences** comes with its own private spa cabin and two massage tables for in-home treatments. Owners can also visit the famed wellness resort's spa (which boasts its own cenote) to partake in traditional Mayan healing rituals.

THE LISTING

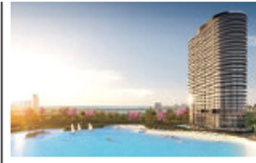
Costa Elena

Spread across 3,000 acres and 10 miles of Costa Rican shoreline, Costa Elena is a new resort community that puts nature first. This five-bedroom

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From top: the spa pool at the Aman New York; Miami's One Park Tower by Turnberry; a spa cabin at Chablé Yucatán

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curtains. (If you want to recreate the AMC experience with a completely dark room, opt for the LS11000 model.) Now all you need is a new popcorn maker... \$1,700, epson.com

